

Getting ready to come into hospital for surgery

Patient Sticker



Please allow plenty of time to arrive punctually on the planned surgery ward (Ward 17)



Fasting for surgery

No food, sweets, chewing gum, fizzy, milky or creamy drinks for 6 hours before admission time



Please avoid **alcohol** for 24hrs before and after your anaesthetic

We recommend you have **a drink of clear fluid** (such as water, diluting juice, black tea or coffee) up to one hour before coming into hospital



Please **shower** (preferably) or bath before coming into hospital

Please remove make up, nail varnish and acrylic nails

Please remove jewellery and piercings

Please **take all your usual medication** up to and including the day of surgery

EXCEPT:

Remember to bring your usual medicines in their original packaging



Please call the preassessment clinic for advice (01896827036) if:

- You have **changes to medication**
- **Admission to any hospital** whilst you are waiting for surgery
- **Infection requiring antibiotics** within 4 weeks of your operation date
- **Minor illness** such as cold within 2 weeks of your surgery date
- **Broken, infected or open skin** at or near the site of surgery within 2 weeks
- If you don't think **you need or want** your surgery

Recent illnesses and infections increase your risk of complications. If we need to reschedule your surgery, you will be allocated the next available slot when you have recovered.