

Tissue Viability – Youtube channel

Tissue Viability now have a Youtube channel for all educational material, including the Foot for Thought; Head to Toe Skin Inspection; How to complete the SKINN bundle and Moisture vs. Pressure.

To access - click or scan the QR code



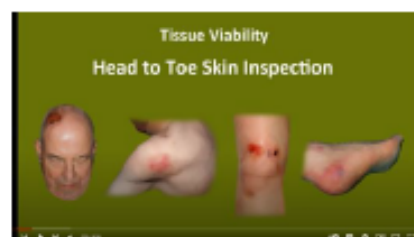
Foot for Thought (8 mins)

- Risk factors and prevention
- CPR for feet
- Device related pressure damage
- Solesafe pressure relief pad
- Sheering and friction
- Bed profiling
- What if you can't see their feet?
- Pressure relieving boots



Head to Toe Skin Inspection (8 mins)

- When and how to do
- Where to look
- Positioning
- How to check for tissue damage
- Impact of restrictive movement and medical devices
- Dressings
- PRESSURE mnemonic



How to complete the SKIN bundle (8 mins)

- Responsibilities of trained and non-trained staff
- Use of acronyms
- How to use reverse of sheet
- 'Preventing pressure ulcers' – guide for patients



Moisture v Pressure (14 mins)

- How to inspect skin (5 second test, skin colour and blanching)
- Common locations of tissue damage
- Tissue damage using EPUAP
- Excoriation and moisture related skin damage tool
- Incontinence and skin damage
- Prevention and treatment options
- How to identify moisture lesion vs pressure damage

