

New lower GI symptoms concerning for significant disease including:

- Persistent (≥4 weeks) change in bowel habit, particularly to looser or more frequent stool.
- Blood mixed through the stool.
- Repeated anorectal bleeding without an obvious anorectal cause.
- Iron Deficiency Anaemia (confirmed by ferritin/iron studies).
- Persistent abdominal pain (>4 weeks) **with** weight loss (>5%)

QFIT is **NOT** indicated in absence of other concerning lower GI symptoms for patients who present with:

- Acute symptoms e.g. gastroenteritis or acute diverticulitis
- Long-standing & unchanged symptoms e.g. constipation
- Weight loss* (consider non-specific symptoms pathway)
- Thrombocytosis*
- Haemorrhoids, anal fissures or warts: non-USC referral if needing intervention
- Family history or genetic conditions: refer [genetics service](#)
- Bowel screening: re-order kits on [NHS Inform](#)

