

## NHS Lothian Penicillin Allergy Oral Challenge: Clinician checklist

Please refer to the Oral Penicillin Challenge Protocol within the Right Decisions App: Penicillin Allergy guidelines for the full protocol. This checklist is **only** for use in patients assessed and deemed suitable for oral penicillin challenge as per the RDS Penicillin Allergy guideline.

*This checklist does not replace documentation in the patient's EPR.*

- ☐ Discussion with senior clinician confirming suitability for oral penicillin challenge documented in patient notes.
- ☐ No contra-indications to oral penicillin challenge present:
  - *Clinically unstable or deteriorating patients (based on treating senior clinician's judgement)*
  - *Pregnant*
  - *<18 years old*
  - *Patients receiving omalizumab*
  - *Uncontrolled asthma/COPD*
  - *Antihistamine use in past 24 hours*
  - *Previous urticaria, anaphylaxis or SCAR from a beta-lactam antimicrobial*
- ☐ Medical staff trained to provide treatment for anaphylaxis on-site for next 20 minutes and available for next 2 hours in case of anaphylaxis/adverse reaction.
- ☐ Resuscitation equipment available.
- ☐ Inform the patient of the risks/benefits/alternatives of de-labelling and provide Patient Information Leaflet.
- ☐ Inform the patient to seek medical attention if they have symptoms of a delayed reaction or SCAR within 3 days.
- ☐ Document patient consent on TRAK. If written consent is preferred, the SAPG consent form can be used, found on RDS.
- ☐ Nursing checklist for oral penicillin challenge given to nursing staff, and nursing team happy to proceed.
- ☐ Oral penicillin challenge prescribed on HEPMA or Kardex.  
***Prescribe Amoxicillin 500mg oral on HEPMA (Flucloxacillin 500mg is an alternative).***
- ☐ Outcome of challenge assessed at 120 minutes as per step 3.4 of the Oral Penicillin Challenge protocol within the RDS Penicillin Allergy guidelines.
- ☐ Outcome documented (including communication with GP) as per step 4 or 5 of the Oral Penicillin Challenge protocol within RDS Penicillin Allergy guidelines.

## NHS Lothian Penicillin Allergy Oral Challenge: Nursing checklist

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*This checklist does not replace documentation in the patient's EPR.*

- ☐ Resuscitation equipment available and clinician confirmed to stay on-site for next 20 minutes.
- ☐ Measure and record observations at 0 minutes.
- ☐ Administer oral penicillin challenge as prescribed on HEPMA/Kardex.
- ☐ Measure and record observations at 20 minutes and escalate to clinician if NEWS increase or clinical concerns.
- ☐ Measure and record observations at 40 minutes and escalate to clinician if NEWS increase or clinical concerns.
- ☐ Measure and record observations at 60 minutes and escalate to clinician if NEWS increase or clinical concerns.