

Emergency Contraception for Patients Presenting After Sexual Assault

Levonorgestrel (Levonelle) 1500micrograms

- stocked in Pod A/B TTO cupboard

What you need to know:

Indication: Patients presenting **within 72 hours** of sexual assault and unprotected sexual intercourse (UPSI)

Dose:

≤ 70kg: 1 x 1500 microgram tablet

>70kg: 2 x 1500 microgram tablets

Follow up:

- If vomiting occurs within 3 hours of administration, a repeat dose should be taken
- Women should be advised about menstrual disturbances after oral EC use.
- If there is any doubt about whether menstruation has occurred, a pregnancy test should be performed ≥3 weeks after UPSI has occurred

Alternatives:

- Note that the most effective method of emergency contraception is a copper IUD inserted within 5 days. This should be discussed with all women. If a woman wishes to have an emergency IUD then she can be referred to Chalmers Centre for insertion. The woman can also be given Levonorgestrel prior to attendance for an IUD if there is risk of delay
- Patients presenting **after 72 hours and within 5 days** may still meet the criteria for ulipristal. This can be obtained from pharmacy in hours or advise to attend community pharmacy if presenting out of hours.

Remember for all female patients presenting after sexual assault to document any discussion or consideration of emergency contraception