## **RIE EMERGENCY DEPARTMENT SAFE SEDATION CHECKLIST**

Prepare Patient	Prepare Equipment	Prepare Team
Review: - Consent / AWI - X-rays - Relevant Medical History - Allergies - Estimated weight - ASA grade - Airway assessment	Check Airway Equipment:  - C-circuit with CO <sub>2</sub> monitor  - O <sub>2</sub> Flow  - NPA x2, OPA and iGEL  - ETT x2 (in packs) + 10ml syringe  - Laryngoscopes x2 working  - Bougie  - Tape/Tie	Allocate Roles:  1. Sedation and Airway 2. Manipulation and Procedure 3. Nurse  If the staff member performing procedure requires teaching then an additional 'tutor' is required.
- Fasting status  Optimise Patient: - Positioning - Reliable IV access in appropriate site - IV Fluids/Flush - Supplemental O2 (10L non-rebreathe for most patients)	- Surgical Airway Kit  Check Drugs: - Sedation drugs - Justify choice - Discuss initial doses - Inotropes/vasopressors - Metaraminol	Plan and Discuss:  Depth of sedation to be achieved  Number of attempts at procedure  Threshold for ventilatory support i.e. when to 'bag'  Threshold for cardiovascular
Monitor Patient: - SpO <sub>2</sub> - BP on cycle - ECG - ETCO <sub>2</sub>	<ul> <li>Adrenaline</li> <li>Atropine</li> <li>Reversal agents</li> <li>Naloxone</li> <li>Flumenazil</li> <li>Emergency drugs do not need to routinely be drawn-up</li> </ul>	support i.e. lowest acceptable MAP
Remember: If ASA ≥3 then consider other options e.g. anaesthetics and theatre	Remember: Unlock the fridge to ensure emergency access to suxamethonium	Remember: At least one member of team should by ST4+ registrar or consultant

PAUSE: IS EVERYONE COMFORTABLE WITH THE PLAN?